



**CANEY
FORK
FARMS**

CSA MEMBER PACKET

Winter & Spring 23/24



CANEYFORKFARMS.COM | (615) 212-5234

WELCOME!

We are pleased to welcome you to the Winter/Spring CSA season!

Whether you are a member of our Organic Veggie CSA, Regenerative Meat CSA, or both, we are thrilled to connect with you through high-quality, nutritionally-dense, sustainably-produced food.

This is going to be an amazing season. We have a lot of great food in store for you all, and we can't wait for you to enjoy it!

WITH LOVE,
THE CANEY FORK FARMERS



ABOUT THE FARM

Caney Fork Farms is an organic, regenerative farm in the hills of Middle Tennessee. We produce a variety of seasonal, organic veggies, organic chestnuts, 100% grass-fed and finished beef, 100% grass-fed and finished lamb, and pasture-raised pork. We also work with local, artisanal producers to offer you an assortment of healthy foods that we don't ourselves produce. We are committed to bringing you the highest quality food at a reasonable and fair cost.



ORGANIC VEGGIES

We grow veggies year-round on ~7 acres. This season, you can expect tomatoes, cucumbers, peppers, greens, eggplant, and more!



ORGANIC CHESTNUTS

We are excited to continue to reinvigorate this culturally and ecologically significant crop. Available in the fall!



100% GRASS-FED AND FINISHED BEEF

Our Black Angus cows eat grass, and only grass. Enjoy from our selection of roasts, steaks, and even our very own bone broth.



100% GRASS-FED AND FINISHED LAMB

Our Katahdin sheep graze under the shade of our chestnut trees. 100% grass-fed, our lamb is delicious. Try it today!



PASTURE-RAISED PORK

We grow our own organic grains for our pigs, who live every day on fresh pasture. Try our bacon, you won't regret it!



CSA PICKUP LOCATIONS

EAST NASHVILLE FARMERS MARKET

511 Woodland St., Nashville, TN, 37206
Pickup Window: Tuesdays 3:00-6:00pm

ROKABILLY COFFEE

310 Main St. N, Carthage, TN, 37030
Pickup Window: Wednesdays 10am-3pm

WILDWOOD RESORT AND MARINA

7316 Granville Hwy, Granville, TN, 38564
Pickup Window: Wednesdays 12pm-3pm

TENN LAKES BREWING COMPANY

300 N. Maple St., Lebanon, TN, 37087
Pickup Window: Fridays 2pm-5pm

RICHLAND PARK FARMERS MARKET

4711 Charlotte Ave, Nashville, TN, 37209
Pickup Window: Saturdays 9am-12pm

PLEASE NOTE THAT WE DO NOT OFFER REFUNDS OR REDELIVERIES FOR CSA SHARES THAT REMAIN UNCLAIMED AFTER THE PICKUP WINDOW HAS CLOSED.

All CSA shares must be claimed within the allotted pickup window on the day of the CSA deliveries. CSA shares that remain unclaimed at the end of the pickup window will be donated.

IMPORTANT NOTES

01 HARVIE

We manage our CSA using an online platform called Harvie. Throughout the season, you will receive emails, notifications, and updates from Harvie. All are important, so please keep your eyes out!

02 UNIQUE SCHEDULES & TIMES

Each CSA member has a unique pickup schedule and delivery frequency. Please be aware that each of our pickup locations has their own unique pickup windows as well!

03 MEAT CSA FREQUENCIES

This season, we are offering our Regenerative Meat CSA in two separate delivery frequencies: **every-other-week**, or **ever-four-weeks**. You can only choose one frequency.

04 VEGGIE CSA FREQUENCIES

This season, we are offering our Organic Veggie CSA in two separate delivery frequencies: **every week**, or **every-other week**. You can only choose one frequency.

HOW TO FIND YOUR UNIQUE PICKUP SCHEDULE

01 LOGIN TO YOUR HARVIE ACCOUNT

02 CLICK "ACCOUNT" ON THE TOP BAR

03 CLICK "UPCOMING DELIVERIES"

04 PLEASE PRINT OR SAVE THIS SCHEDULE TO BE SURE YOU DON'T MISS A DELIVERY!

PLEASE NOTE THAT WE DO NOT OFFER REFUNDS OR RE-DELIVERIES FOR CSA SHARES THAT REMAIN UNCLAIMED AT THE END OF EACH DAY'S PICKUP WINDOW. THIS MEANS THAT ALL CSA SHARES MUST BE PICKED UP (1) ON THE DAY OF THE SCHEDULED DELIVERY AND (2) WITHIN THE PICKUP WINDOW.

WEEKLY FLOW

This page outlines the weekly flow of our CSA season!

01 CUSTOMIZATION PERIOD OPENS

Every Friday afternoon, we open the customization period for the following week's deliveries. Any CSA members with deliveries scheduled for the following week will receive an email announcing the start of the customization period. During the customization period, all CSA members will be able to add "extras" to their delivery. Only Meat CSA members will be able to customize the actual contents of their CSA share.

02 CUSTOMIZATION PERIOD CLOSES

The customization period closes at 8pm on the Sunday before your delivery.

03 CARD IS CHARGED

On the Monday before your delivery, your card will be charged

04 CSA PICKUP

On your scheduled delivery day, you will pick up your CSA share within the appropriate pickup window.

05 ENJOYING GOOD FOOD!

We think you know how to take care of this part.



FREQUENTLY ASKED QUESTIONS

FOR **MEAT** CSA MEMBERS (VEGGIE CSA FAQ'S ON NEXT PAGE)

[For detailed answers to these questions and more, click here!](#)

✓ WHAT ARE "PREFERENCES" IN HARVIE?

When you create an account for your CSA, you will be prompted to fill out your "preferences". Harvie creates your CSA share based on two factors, (1) your preferences, and (2) our inventory availability.

We know it's a bit clunky, as Harvie will ask you to set a preference value for every single item we've ever produced or sold. Since our Veggie CSA is non-customizable, only Meat CSA members need to fill out their preferences. This helps ensure you're receiving the cuts that you'll use and enjoy!

✓ HOW DO I CUSTOMIZE MY CSA SHARE?

There will be a 48hr customization period the weekend before each delivery. If you'd like to customize your box, be sure to take advantage! You will receive an email when the customization period has opened. Follow the link in the email and you'll be on your way to receiving your favorite cuts!

✓ HOW OFTEN WILL I RECEIVE DELIVERIES?

You have selected to receive your Regenerative Meat CSA share either every-other-week, or every-four-weeks. Please check your schedule to ensure you're picking up your share on the correct days.

✓ I FORGOT TO PICKUP MY SHARE, WHAT DO I DO?

We do not offer an re-deliveries or refunds for missed pickups. All unclaimed shares will be donated.

✓ IF I KNOW I WILL BE OUT OF TOWN, CAN I SKIP A DELIVERY?

Yes! However, we recommend asking a friend or family member to pick up your share on your behalf. If you need to skip a delivery, access your delivery schedule, and click "skip" next to the delivery that you know you'll miss. You are allowed 2 skips per year.

✓ CAN I REFER FRIENDS FOR A DISCOUNT?

If you refer a friend to sign up for our CSA, both you and the friend will receive a \$25 credit!

✓ HOW DOES THE PAYMENT PLAN WORK?

You will be charged on the Monday of each delivery week.

FREQUENTLY ASKED QUESTIONS

FOR **VEGGIE** CSA MEMBERS
(MEAT CSA FAQ'S ON PREVIOUS PAGE)

For detailed answers to these questions and more, click here!

✓ IS MY VEGGIE SHARE CUSTOMIZABLE?

This season, we are not offering customizable veggie CSA shares. You will receive a fresh box of our hand-picked, seasonal veggies!

✓ IF THE VEGGIE BOX IS NOT CUSTOMIZABLE, THEN WHY IS THERE A CUSTOMIZATION PERIOD?

While the contents of your Veggie CSA box are not customizable, we offer add-ons that can be purchased during the customization period. These add-ons will include honey, eggs, teas, mushrooms, and more, all from local artisanal producers!

✓ HOW OFTEN WILL I RECEIVE DELIVERIES?

You have selected to receive your Veggie CSA share either every-other-week, or every week. Please check your schedule!

✓ I FORGOT TO PICKUP MY SHARE, WHAT DO I DO?

We do not offer an re-deliveries or refunds for missed pickups. All unclaimed shares will be donated.

✓ IF I KNOW I WILL BE OUT OF TOWN, CAN I SKIP A DELIVERY?

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✓ HOW DOES THE PAYMENT PLAN WORK?

You will be charged on the Monday of each delivery week.

IT'S DELIVERY DAY! WHAT DO I DO?

IT'S DELIVERY DAY! GET READY TO PICK UP AND ENJOY THIS WEEK'S BOUNTY!

FOR FOLKS PICKING UP AT EAST NASHVILLE FARMERS MARKET, RICHLAND PARK FARMERS MARKET, OR TENN LAKES BREWING COMPANY...

- ✓ **ARRIVE AT THE PICKUP LOCATION ON TIME**
The first step is to arrive at your pickup location within the allotted pickup window. Remember, each pickup location has its own unique pickup window.
 - ✓ **FIND OUR BOOTH, AND SAY HI!**
We will get you all set with your CSA share!
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FOR FOLKS PICKING UP AT ROKABILLY COFFEE COMPANY, OR WILDWOOD RESORT & MARINA...

- ✓ **ARRIVE AT THE PICKUP LOCATION ON TIME**
The first step is to arrive at your pickup location within the allotted pickup window. Remember, each pickup location has its own unique pickup window.
- ✓ **SIGN IN**
Find the sign-in sheet and initial!
- ✓ **GRAB YOUR SHARE**
Your CSA share will be packaged in a reusable bin or bag. Please remove your CSA share from the bin or bag, and place it in your brand new Caney Fork Farms reusable tote bag! :)



FREE GIFT!

To thank you for supporting our farm, and the good-food movement of Middle TN, we are gifting each CSA member with a reusable tote bag!



THANK YOU! ENJOY!

We hope you enjoy this season's CSA! Check out our [CSA Facebook page](#)! This is a great way to share ideas, recipes, and more with our CSA community!

If you have any questions, comments, feedback, etc, please don't hesitate to reach out! We want you to have an easy, rewarding, and delicious CSA season.

Thank you for supporting our local, organic, regenerative farm!

With love,
The Caney Fork Farmers

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615-212-5234
www.caneyforkfarms.com